

Schindler  
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TITLE: THE QIGONG ACUPOINT METHOD OF TREATING DISEASE  
DOC REF: CHINA TODAY (BEIJING) (CHTOE), 90, VOL 39, NR 1, 57-59  
INF CTY: PEOPLES REPUBLIC OF CHINA (CH)  
INF DATE: 9001  
COSATI: BIOLOGICAL AND MEDICAL SCIENCES (06)  
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TEXT: EXTRACT. DOCUMENT CONTAINS 3 PHOTOS.

QIGONG HAS A HISTORY OF MORE THAN 2,000 YEARS. THE EARLIEST BOOK ON CHINESE MEDICINE, THE YELLOW EMPEROR'S CLASSIC OF INTERNAL MEDICINE, DESCRIBES THE THEORY OF QIGONG IN DETAIL: ONE'S QI, OR VITAL ENERGY, TOGETHER WITH ONE'S BLOOD CIRCULATION AND ESSENCE, ARE THE FUNDAMENTAL ELEMENTS OF HUMAN LIFE AND ACTIVITY. THE BODY IS CRISS-CROSSED BY A NETWORK OF CHANNELS CONTAINING VITAL ENERGY WHICH CONNECT THE ORGANS WITH THE FOUR LIMBS, AND IT IS THIS NETWORK THAT MAKES THE BODY A UNIFIED WHOLE. DISEASES COME ABOUT WHEN THE FUNCTIONING OF THE NETWORK GOES WRONG AND ONE'S EXTERIOR IS NO LONGER IN HARMONY WITH ONE'S INTERIOR. LIU HAS BEEN KNOWN TO CURE CERTAIN DISEASES MERELY BY LIGHTLY PRESSING OR TAPPING THE PATIENT'S ACUPOINTS WITH HIS FINGERS. WITH MY METHOD, HE EXPLAINS, I COMBINE QIGONG AND MANIPULATION OF THE ACUPOINTS. I CHOOSE THE ACUPOINTS ON THE NETWORK WHERE SOMETHING IS OBVIOUSLY WRONG; I PRESS THEM TO AROUSE THE QI AND THEN I USE QIGONG TO OPEN UP THE ENTIRE NETWORK. THIS STIMULATES BLOOD CIRCULATION AND GETS THE QI GOING AT A NORMAL RATE ONCE MORE. IN THE EVENT OF ILLNESS, THE QI IS BLOCKED OFF AT VARIOUS ACUPOINTS AND THE GENERAL RHYTHMIC BALANCE OF THE BODY IS THROWN OFF. WITH THE UP BLOCKING OF THE ACUPOINTS THROUGH A COMBINATION OF PRESSING AND QIGONG, RECOVERY MUST FOLLOW. THIS, HE SAYS, IS THE BASIS ON WHICH HIS METHOD IS FOUNDED.

PFN INFORMATION: PART 001

PERSON: LIU, HENGSHUN  
PERS CTY: PEOPLES REPUBLIC OF CHINA (CH)  
PERSDATA: PHOTO, BIOGRAPHIC DATA